

TRAVEL WEEKLY

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HOTELS ■ SPA/WELLNESS TRAVEL

New and renewed properties for pampering

By Eric Moya | Jul 30, 2020

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Cottage-style accommodations at the Miraval Berkshires in Lenox, Mass.

Across the U.S., several new -- or renewed -- properties are ready to cater to Americans with a case of wellness-focused wanderlust.

- The **Mii Amo** spa in Sedona, Ariz., offers wellness experiences that "are rooted in the Native American traditions and the power and history of its surroundings," according to the resort.

The property's Taste of Mii Amo package is available for stays of three, four or seven nights through Sept. 5. It includes casita accommodations for two, meals (not including alcohol) and one spa credit per guest (a \$275 credit for three- or four-night stays, a \$550 credit for seven-night stays). Room rates start at \$814 per night, and reservations must be made by Aug. 30.

- Sunrise Springs Spa Resort in Santa Fe, N.M., reopened this month under a new name, **Ojo Santa Fe**, a move that family-owned Ojo Spa Resorts said deepened "the synergy between the resort and its sister property," the Ojo Caliente Mineral Springs Resort & Spa.

The resort's Saltwater Pool Club has been expanded, adding a thermal plunge pool and a hot tub as part of the property's "serene soak circuit."

Scheduled to open later this year is the resort's Sages Soak Sanctuary, a 70-foot, spring-fed soaking pool available to overnight guests as well as for private group soaks.

The Two Ojos, One Outrageous Soaking Vacation package includes a two-night stay at the Ojo Santa Fe and a two-night stay at the Ojo Caliente, access to the properties' hot springs and pools and a 50-minute private soak at each resort. Package rates start at \$889, double. Visit www.ojosantafe.com.

- Shou Sugi Ban House, in the Long Island town of Water Mill, N.Y., reopened last month, offering new booking options and programming for the summer.

On offer through Labor Day, the spa's Custom Stays start at \$975 per night for single occupancy, \$1,395 double, and include accommodations in a private guest studio and daily communal breakfast.

Custom Stays guests create their itineraries with staff, choosing from spa treatments and other wellness activities. Visit www.shousugibanhouse.com.

- The 100-room **Miraval Berkshires** opened this month in Lenox, Mass. Its 29,000-square-foot Life in Balance Spa is the largest spa in Miraval's portfolio.

Spa facilities include 28 treatment rooms, an indoor pool for water treatments, an indoor/outdoor pool lounge and a salon. Its Body Mindfulness Center features exercise equipment and a fitness studio for cardio drumming, spinning classes and other activities.

Rates start at \$499 per person, per night.

- The **St. Regis Aspen Resort** is offering a Mala Experience plan. A collaboration between the Colorado resort's Remede Spa and Alexa Webster of Seeds of Remembrance, a maker of necklaces made of mala prayer beads, the private experience includes a one-on-one consultation with Webster, a custom-made mala bead necklace and a river-blessing ceremony. The Mala Experience starts at \$400 per person, and room rates start from \$399.