

SAFETY AT THE SPA

WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

Life in Balance Spa Hours 10am - 9pm

- We are offering a limited menu of spa services due to COVID-19.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- All spa colleagues, therapists and guests will be required to wear masks during spa services, except during a facial service.
- Guests will be requested to wash hands in the treatment room at start of service.
- Providers will wash hands pre and post service in the treatment room.
- Steam rooms, saunas, and hot tubs are available for use as are lockers and showers
- Enjoy our indoor/outdoor pool and hot tub with fireplace.
- Quiet Lounge seating is ample to ensure physical distancing measures. No food or snacks will be provided or allowed in the Quiet Lounge.
- We encourage you to bring your reusable Miraval water bottle. Fill stations are located at The Roost, BMC, The Millhouse, and by request.



BODY RENEWAL RITUALS		
Almond Orange Brightening Polish	50MIN	\$225
Jasmine Citrus Scrub	50MIN	\$220
Verbena Aloe Wrap	50MIN	\$230
Remineralizing Body Scrub	50MIN	\$230
Nature's Apothecary	50MIN	\$230
MASSAGE		
Beautiful Mother-to-Be	50MIN	\$210
Body in Balance	50MIN	\$355
Deep Mountain Massage	50MIN	\$230
Juniper Leg & Foot	50MIN	\$230
Miraval Grounding	50MIN	\$210
Miraval Relaxation Massage	50MIN	\$210
Sweet Slumber	50MIN	\$310

ENERGY & EASTERN		
Reflexology	50MIN	\$210
Reiki <i>including prenatal</i>	50MIN	\$215
Thai	50MIN	\$235
AYURVEDA		
Abhyanga	50MIN	\$230
SKIN CARE		
Rejuvenating Back	50MIN	\$210
Niramaya	50MIN	\$210
Organic Facial	50MIN	\$210
Probiotic Facial	50MIN	\$210
Spiritual Warrior Facial	50MIN	\$220
Tulsi Rose Facial	50MIN	\$230
Restore & Renew Facial	50MIN	\$230
SALON		
Express Manicure	20MIN	\$60
Express Pedicure	20MIN	\$65
Deborah Lippmann Signature Manicure	50MIN	\$95
Deborah Lippmann Signature Pedicure	50MIN	\$95
Manuka Honey Manicure	50MIN	\$95
Manuka Honey Pedicure	50MIN	\$110
Sweet Birch Manicure	50MIN	\$95
Sweet Birch Pedicure	80MIN	\$110
Shellac Removal <i>add on for Mani/Pedi</i>	30MIN	\$30
Bang Beard/Mustache Trim	25MIN	\$40
Clipper Cut	20MIN	\$75
Color	80MIN	\$195
Color & Dimension	100MIN	\$250
Highlighting	80MIN	\$215
Highlighting	100MIN	\$305
Shampoo, Cut & Style - Short	60MIN	\$125
Shampoo, Cut & Style - Long	90MIN	\$165
Shampoo & Style - Short	40MIN	\$80
Shampoo & Style - Long	60MIN	\$120
Simple Shampoo	20MIN	\$35
Serene Scalp Treatment	80MIN	\$235
Herbal Scalp Treatment	80MIN	\$265
Scalp Scope Consultation	30MIN	\$75

PRENATAL SERVICES

Prenatal services that can be enjoyed during the first trimester of pregnancy:

- Facials
 - Probiotic Facial | 50MIN \$210
 - Organic Facial | 50MIN \$210
- Manuka Honey Manicure | 50MIN \$95
- Manuka Honey Pedicure | 50MIN \$110

Prenatal services that can be enjoyed after the first trimester of pregnancy:

- Reiki | 50MIN \$215
- Beautiful Mother-to-Be | 50MIN \$210
- Nature's Apothecary | 50MIN \$230