

SAFETY AT THE SPA

WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

Life in Balance Spa Hours 10am - 9pm

- We are offering a limited menu of spa services due to COVID-19.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- All spa colleagues, therapists and guests will be required to wear masks during spa services, except during a facial service.
- Guests will be requested to wash hands in the treatment room at start of service.
- Providers will wash hands pre and post service in the treatment room.
- Steam rooms, saunas, and hot tubs are available for use as are lockers and showers
- Enjoy our indoor/outdoor pool and hot tub with fireplace.
- Quiet Lounge seating is ample to ensure physical distancing measures. No food or snacks will be provided or allowed in the Quiet Lounge.
- We encourage you to bring your reusable Miraval water bottle. Fill stations are located at The Roost, BMC, The Millhouse, and by request.



BODY RENEWAL RITUALS			SKIN CARE		
Almond Orange Brightening Polish	50MIN	\$225	Rejuvenating Back	50MIN	\$210
Jasmine Citrus Scrub	50MIN	\$220	Essence of Miraval	80MIN	\$330
Verbena Aloe Wrap	50MIN	\$230	Niramaya	50MIN	\$210
Juniper Leg & Foot	50MIN	\$230	Organic Facial	50MIN	\$210
Nature's Apothecary	50MIN	\$230	Probiotic Facial	50MIN	\$210
MASSAGE			Spiritual Warrior Facial	50MIN	\$220
Calming Hot Stone Massage	50MIN	\$210	Tulsi Rose Facial	50MIN	\$230
Body in Balance	50MIN	\$355	Restore & Renew Facial	50MIN	\$230
Deep Mountain Massage	50MIN	\$230	Triple Power Peel	50MIN	\$230
Crystal Body	50MIN	\$230	SALON		
Miraval Grounding	50MIN	\$210	Express Manicure	20MIN	\$60
Miraval Relaxation Massage	50MIN	\$210	Express Pedicure	20MIN	\$65
Sweet Slumber	50MIN	\$310	Deborah Lippmann Signature Manicure	50MIN	\$95
Focus Massage	20MIN	\$120	Deborah Lippmann Signature Pedicure	50MIN	\$95
ENERGY & EASTERN			Manuka Honey Manicure	50MIN	\$95
Reflexology	50MIN	\$210	Manuka Honey Pedicure	50MIN	\$110
Reiki <i>including prenatal</i>	50MIN	\$215	Sweet Birch Manicure	50MIN	\$95
Thai	50MIN	\$235	Sweet Birch Pedicure	50MIN	\$110
AYURVEDA			Shellac Removal <i>add on for Mani/Pedi</i>	30MIN	\$30
Abhyanga	50MIN	\$230	Bang Beard/Mustache Trim	25MIN	\$40
			Clipper Cut	20MIN	\$75
			Color	80MIN	\$195
			Color & Dimension	100MIN	\$250
			Highlighting	80MIN	\$215
			Highlighting	100MIN	\$305
			Shampoo, Cut & Style - Short	60MIN	\$125
			Shampoo, Cut & Style - Long	90MIN	\$165
			Shampoo & Style - Short	40MIN	\$80
			Shampoo & Style - Long	60MIN	\$120
			Simple Shampoo	20MIN	\$35
			Serene Scalp Treatment	80MIN	\$235
			Herbal Scalp Treatment	80MIN	\$265
			Scalp Scope Consultation	30MIN	\$75

PRENATAL SERVICES

Prenatal services that can be enjoyed during the first trimester of pregnancy:

- Facials
 - Probiotic Facial | 50MIN \$210
 - Organic Facial | 50MIN \$210
- Manuka Honey Manicure | 50MIN \$95
- Manuka Honey Pedicure | 50MIN \$110

Prenatal services that can be enjoyed after the first trimester of pregnancy:

- Reiki | 50MIN \$215
- Beautiful Mother-to-Be | 50MIN \$210
- Nature's Apothecary | 50MIN \$230